PRIDE HISTORY & LIVED EXPERIENCES

1. DECADE OF UNREST

Think of a time you hid something about yourself. Maybe as an adult at work, or at a high-profile event.

How did hiding affect your interactions?

How did you decide who was safe to trust with your authentic self?

How did hiding part of yourself feel?

What, if anything, convinced you to share this hidden side of yourself?

2. PRIDE 50 PLUS YEARS

Has learning about the roots of the movement shifted the way you understand or feel about Pride today?

How might this new understanding influence the way you support inclusion - whether that's in your workplace, your community, or in day-to-day conversations?

3. WHAT DOES PRIDE MEAN TO INDIVIDUALS?

What does Pride mean to you?